

Freshman/Sophomore Timeline

FRESHMAN YEAR CHECKLIST

Many new students arrive at CMC with clear career goals in mind. However, a large portion don't know what it is they want to do. This is why the CSC is here, to help you identify and focus your career or post-graduate goals. We encourage you to become involved during your first year and come into the center. Here are some useful activities to help you get the ball rolling.

- Explore the various majors offered by the College and the careers that are associated with them.
- Find and speak with alumni who majored in your area of interest, and discover what career path they chose.
- Assess your personal skills, interests, and personality type.
- Come into the CSC and create a resume.
- Increase your leadership ability and gain valuable experience by participating in community service activities.
- Apply for summer internships.
- Explore your opportunities by attending employer presentations and industry nights.
- Attend CSC workshops.
- Explore the resources available in the CSC library.
- Learn more about CMC's special internship programs, such as the CSIP, McKenna International, and Political Education Fellowship.
- Submit (or update) your profile on MonsterTRAK.

SOPHOMORE YEAR CHECKLIST

Sophomore year is a great chance for students to become more involved on-campus and refine their future plans. Most students declare a major at some point during their second year and the prospects of post-CMC life become a bit clearer. The following are career-planning tips for sophomores to consider.

- See a career counselor to discuss your career options and what employment opportunities might suit you given your interests.
- Peruse the CSC library for resources, which might help you clarify your goals.
- Attend industry nights, employer presentations, and workshops.
- Attend the Internship Recruiting Meeting.
- Take part in a mock interview.
- Participate in a summer internship.
- Speak with seniors, alumni, and professors about your major and career goals.
- Assess personality by taking the MBTI or SII.
- Consider going abroad.
- Refine your resume.
- Explore graduate and professional schools as an option.
- Participate in community service activities.
- Submit (or update) your profile on MonsterTRAK.

Junior/Senior Timeline

JUNIOR YEAR CHECKLIST

Junior year is a real transition year for many students. The future seems much closer and plans become more concrete. As CMC is known for its development of young leaders, this is the year when many students attain prominent leadership roles. Juniors should look into the following over the course of the year.

- Attend the Internship Recruiting Meeting.
- Research fellowship and scholarship opportunities. Many applications are due early in the fall semester of senior year, or even spring semester junior year.
- Explore and apply for summer internships.
- Participate in an internship in your field of interest.
- Attend graduate school fairs, industry nights, and workshops.
- Further explore graduate institutions and focus on those schools that cater to your interests.
- Search for alumni and speak with them about employment and graduate school experiences.
- Continue to evaluate your goals and career options.
- Join professional associations or organizations related to your field of interest and attend meetings.
- Participate in community service activities.
- Find a mentor who can offer support and advice.
- Search out quality recommenders and references.
- Attend job search and interviewing workshops.
- Submit (or update) your profile on MonsterTRAK.

SENIOR YEAR CHECKLIST

This is it! During the fall semester a large portion of recruiting takes place, so seniors looking for employment following CMC need to participate. Others take graduate school tests, apply to graduate schools, or solidify their plans in other ways. The future is near, and CMC students are ready for it.

- Attend graduate and professional school workshops and seminars.
- Explore graduate and professional programs.
- Take GRE, LSAT, or other necessary standardized entrance exams.
- Research and apply for Fellowships and Scholarships.
- Register for InterviewTRAK through MonsterTRAK to participate in on-campus recruiting.
- Make sure to attend the senior meeting and sign the student responsibility form.
- Continue to clarify your work and life goals.
- Use the CSC library to assist you in your job search, or graduate school decisions.
- Develop a personal job search plan.
- Attend job search and interviewing workshops.
- Polish your cover letters and resume.
- Research potential employers and explore work settings.
- Secure your references.
- Contact and network with alumni.
- Participate in a mock interview.
- Attend employer presentations, workshops, and industry nights.
- Join professional organizations and associations related to your field of interest.
- Submit (or update) your profile on MonsterTRAK.